



# Health Inequalities Pool

## FOOD RESOURCE PACK



# SUPPORT FOR YOUR COMMUNITY FOOD PROJECT

Following are a selection of agencies, with information on their services, which aim to support community groups involved in setting up their own food based projects:

## SUSTAIN - The Alliance for better Food and Farming

- MAKING LINKS – A toolkit for local food projects. This revised and updated pack is stuffed with information and inspiration for starting up or developing a successful community food project to improve access to good quality, affordable food. The 135 page toolkit is available in hardcopy for £20.00 (or £10 to Food Poverty Network members). Alternatively it is free to download from the SUSTAIN website at [www.sustainweb.org](http://www.sustainweb.org) (follow links to 'publications' and 'food poverty').
- The SAUCE TOOLKIT - An online social enterprise toolkit for community food projects. The site explores the potential for community food projects to engage with social enterprise methods as a means of securing greater financial security. This can be obtained from [www.sauce-toolkit.org](http://www.sauce-toolkit.org)
- FOOD POVERTY PROJECTS DATABASE - Search for and obtain information about community food projects on the database. Access this online at [www.sustainweb.org](http://www.sustainweb.org) (follow links to 'food poverty project' and 'food poverty projects database').

For more information on SUSTAIN: 94 White Lion St, London, N1 9PF / phone 020 7837 1228 / e-mail - [sustain@sustainweb.org](mailto:sustain@sustainweb.org)

## Soil Association

Cultivating Communities Web Site - [www.cuco.org.uk](http://www.cuco.org.uk)

This Soil Association project is a resource for all community based local food

initiatives. It is intended as a networking tool and they encourage you to register and contribute your experience and information. There are three main areas:

- **CSA Action manual:** a dynamic document and repository of a wealth of information and sign-posting to assist in the development of community food initiatives: [www.cuco.org.uk/Action/index.php](http://www.cuco.org.uk/Action/index.php)
- **Exchange area:** contains the latest news, events, useful documents, classifieds, and an e-mail discussion forum where you help and seek help from others. Register here to allow full interactivity within the site: [www.cuco.org.uk/Exchange/index.php](http://www.cuco.org.uk/Exchange/index.php)
- **Regional pages:** Details of your nearest CSA and organisations that can provide advice or funding in your area: [www.cuco.org.uk/Regional](http://www.cuco.org.uk/Regional)

### **The Cultivating Communities newsletter**

This is produced quarterly and is a good source of information on Community Supported Agriculture (CSA) projects, and community food initiatives generally.

### **Action Organic - a 'Local Groups' action pack**

The Soil Association has a national network of local groups supporting sustainable and organic agriculture. This Action Pack is a manual for setting up a local Action Organic group. For more information go to the Association's Local Groups web page: [www.soilassociation.org/localgroups](http://www.soilassociation.org/localgroups)

### **Local Food Works Web Site - [www.localfoodworks.org](http://www.localfoodworks.org)**

Another community orientated Soil Association web site all about local food and organics. A must see for anybody interested in setting up their own food growing project.

### **Federation of Community Gardens and City Farms**

FCFCG is the representative body for city farms, community gardens and similar community-led organisations in the UK. They provide information, advice and support for any group working in these areas. In addition they offer a number of useful publications, including:

- Community Garden Starter Pack
- City Farm Starter Pack

For more information go to [www.farmgarden.org.uk](http://www.farmgarden.org.uk) (click on the 'publications' link) / phone - 0117 923 1800 / FCF CG, The Greenhouse, Hereford St, Bristol, BS3 4NA

## Permaculture

The term '**Permaculture**' has been around since the 1980's, and basically means "**permanence in culture**". In the UK there is a strong and active network of permaculture activists, who have been developing **solutions** for **sustainable living** since the 80's, well before the concept of sustainability became mainstream. The UK network is part of a growing international community of permaculture activists, in over 100 countries around the World.

### Permaculture Association Britain

The UK Permaculture Association provides advice, support and co-ordination for permaculture practitioners, in this country as well as abroad. The Association web site is the most visited permaculture site in the world.

The Association provides links to a diverse network of practitioners including for example: full time permaculture designers and teachers, individuals, community workers, social and community activists, artists, engineers, writers, educationalists, health workers, professionals such as architects, planners and policy makers, academics, futurists, farmers and market gardeners, woodland managers, social entrepreneurs, and small businesses.

For more information visit [www.permaculture.org.uk](http://www.permaculture.org.uk) / phone - 0845 4581805 / email – [office@permaculture.org.uk](mailto:office@permaculture.org.uk) / BCM Permaculture Association, London, WC1N 3XX.

### Permanent Publications

These are a permaculture publishing house who provide a deep knowledge pool of publications, including the Permaculture Magazine, and many books and articles relating to all kinds of food and sustainable living subjects.

For info visit [www.permaculture.co.uk](http://www.permaculture.co.uk) / email – [info@permaculture.co.uk](mailto:info@permaculture.co.uk) / phone - 0845 458 4150 / Permanent Publications, Hyden House Ltd, The Sustainability Centre East Meon, Hampshire GU32 1HR.

## **Permaculture Teachers and Trainers**

There is a network of teachers and trainers in the UK, who provide a range of services including:

- Permaculture Introduction courses
- Permaculture Design courses
- Specialist training
- Permaculture Diploma support

Permaculture teachers and trainers can be accessed via the Permaculture Association, and the Magazine.

## **National Association of Farmers Markets**

A farmers' market is one in which farmers, growers or producers from a defined local area are present in person to sell their own produce, direct to the public. All products sold should have been grown, reared, caught, brewed, pickled, baked, smoked or processed by the stallholder.

The NAFM provides advice and support for individuals setting up and running farmers markets, and maintains standards within farmers markets across the country.

For more information visit [www.farmersmarkets.net](http://www.farmersmarkets.net) / phone 0845 45 88 420 / PO BOX 575, Southampton, SO15 7BZ.

## **Garden Organic (Henri Doublesday Research Association)**

HDRA is a national charity for organic growing, for gardeners, farmers, and an organic lifestyle in general. They provide advice and information on:

- Organic gardening
- Farming, growing and research
- Going organic in schools
- Their own organic products
- Sustainable agriculture worldwide
- Heritage vegetables
- Organic food on a budget
- Organic services and links

Visit [www.gardenorganic.org.uk](http://www.gardenorganic.org.uk) / email - [enquiry@hdra.org.uk](mailto:enquiry@hdra.org.uk) / phone - 024 7630 3517 / Garden Organic, Ryton Organic Gardens, Coventry, CV8 3LG

## Food Standards Agency

The Food Standards Agency is an independent Government department set up by an Act of Parliament in 2000 to protect the public's health and consumer interests in relation to food. Visit [www.food.gov.uk](http://www.food.gov.uk)

## World Wide Opportunities on Organic Farms

(often called Willing Workers on Organic Farms)

This is an organisation that networks organic growers, in the UK and abroad, with individuals who are willing to work voluntarily in order to learn about organic growing, and support the organic movement. Willing workers on organic farms generally provide assistance in return for food and accommodation, and often provide a lifeline to organic growers struggling to survive in the corporate dominated global economy. For more information visit [www.woof.org](http://www.woof.org) / WWOOF, PO Box 2675, Lewes, BN7 1RB.



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