

	Health & Wellbeing Network		Date	13 January 2010	 
	Venue	MACC Meeting Room	Time	10am	

Present: Beth Creedon– Cracking Food, DIG, Mike Wild, Mary Duncan - MACC, Danny Gough – Manchester LINK, Rob Squires-Target Wellbeing, Sian Sweeney –Big Life Company, Nicola Madders- Making Space, Steph Roth –Rebuilding Lives

Apologies:

Jen Green, Debra Pearson, Naomi Davis, People First, Simon McCloskey, Rowena Pyott, Hanif Bobat, Michael Snaith and Stacie Cohen.

		Purpose?	Who?	When?
1.1	Food Futures Board Rep: Beth Creedon accepted a contract with MACC to continue as a VCS representative on the Food Futures Board.	Information	Beth Creedon MACC	From January through 'til March.
1.2	Brokerage: It was agreed to hold a half day meeting and update VCS Groups and organisations on Brokerage. Mary to contact Helen Hemingway in the Individual Budgets Team.	Action	Mary Duncan	ASAP
1.3	Points4Life: Mary has met with Colin Cox and Steve Tilley (see agenda Item 4.1)	Information		
1.4	Manchester's Healthy Weight Strategy: to be launched on Monday and can be downloaded from www.manchester.nhs.uk	Information	All	01.02.2010
1.4	Allotments: The Act to be followed up by Rowena	Information	Rowena	

2.	<p>Adults Health & Well-being Board: Mike had raised the issue of the lack of VCS involvement in the development of the Healthy Weight Strategy. There appears to be no extra resources behind the plan. Members are aware that any preventative work is vulnerable to ‘efficiency savings’.</p> <p>‘Securing Our Shared Futures’ is Health & Social Care’s plan to continue to improve services whilst managing the budget constraints. The LA & the NHS are promoting the use of impact assessments where the key is evidence and yet this may not materialise (from preventative services) for several years. Ignores the importance of ‘spending to save’.</p> <p>There is a need to refocus the Board on addressing inequalities.</p>	See links on Information Sheet.	Mike	
3.1	<p>New Horizons: ‘A Shared Vision’ for Mental Health. Mary went through the key themes in the document; prevention, stigma, personalised care, collaboration, innovation, strengthening transition and value for money.</p> <p>There was a general optimism about the ‘holistic’ approach to the report, but members wanted to have a more informed discussion with the Voluntary Sector Mental Health Forum (VSMHF and the LINKs) Rob to send Jude Stansfield’s (from Gov NW) presentation to Mary for circulation.</p> <p>Steph raised concerns about people presenting with mental health problems and having to wait 9 months for treatment.</p> <p>There was general agreement that ideas in the document were well defined as a tool for commissioners, but the role of the VCS in delivering the strategy needed clarity.</p>	Information	Mary Danny John B Rob Squires	
3.2	<p>Personal Care at Home Bill – Mary circulated information about the Bill which was about to go to the House of Lords. Will update.</p>	Information	Mary	
4. 1	<p>Points 4 Life: Mary had asked the project for clarity on issues raised by members at the last Network meeting.</p>	Information		

	<ul style="list-style-type: none"> • The initiative is not funded (indirectly) by Pepsi, but is funded through the Department of Health, Manchester City Council and NHS Manchester. • The initiative is connected to the national Change4Life programme and this is where the Department of Health of the funding comes from. • It is being led by the Joint Health Unit and the technology aspects will be delivered by Pru Health (private sector). <p>For further information visit: http://www.manchester.nhs.uk/health/points4life/</p> <p>Rob Squires is acting as a voluntary and community sector representative on a reference group for the initiative.</p> <p>Mike is meeting with Steve Tilley in February and will ask further questions about the role of the voluntary and community sector.</p>			
4.2	<p>The Healthy Living Networks North and South, are to be funded for another 3 years and there seems to be an expectation that they will spread to provide some cover in Central Manchester. We will ask further clarification from Debra Pearson at ZEST.</p>	Information	Mary Debra	
5.1	<p>Food Futures</p> <ul style="list-style-type: none"> • New growing area being developed in the area of Wilmslow Rd/Dickinson Rd. The Manchester Allotments Society is supporting the development. They will engage with MMH&SCT. • The Assistant Director of Adult Social Care is joining the FF Steering Group (Susan Triggs) • It is official -the Food Access group cannot influence Planning. • There is to be a Food Futures certificate called 'Truly Good Food'. This will be launched at the Manchester Food & Drinks Festival. 	Information Minutes available from JHU	Christine Raiswell Beth	

5.2	<p>Concerns were discussed about the promotion of healthy lifestyles in child care settings –especially relating to nutrition.</p> <p>Vulnerable Groups : The group have developed an Action Plan. They have a campaign to promote social eating through community cafes.</p> <p>Steph from Rebuilding Lives, to meet with Christine to discuss Cornerstones who provide meals for homeless people.</p>		Beth & Rowena	
5.3	<p>Updates from Groups</p> <ul style="list-style-type: none"> • The Big Life Group: Sian circulated information about the exciting launch of The Big Boat – a canal boat which provides an innovative space for a range of well-being activities. Email bigboat@thebiglifecompany.com For more information about activities in Manchester, including the 4 Health events coming up in Moss Side and Hulme, visit The Big Life Company website. 	Information	Sian Sweeney	
5.4	<ul style="list-style-type: none"> • Getting Manchester Moving-there is an invite to VCS groups to add their projects to the website. www.gettingmanchestermoving.org 		All	
5.5	<ul style="list-style-type: none"> • LINK: has a newly elected Steering Group (Mike is a member). For more information about their activities visit their website or ask for a copy of their Manchester Link's Newsletter Tel:0161 214 3909 			
5.6	<ul style="list-style-type: none"> • Rebuilding Lives are working with Support 4 Life. Together they are organising a big event for homeless people at Manchester Sport City on Wednesday March 10. Also, a 5-a-side Football Tournament on March 31 at Sporting EDGE Openshaw. Steph to send Mary Information to circulate. 		Steph	
5.7	<ul style="list-style-type: none"> • For further information about developments and events, read the Health & Well-being Information Sheet for February 2010. 			
	<p>Next Health and Well-being Network meeting will be in March and have a focus on Personalisation. Date and Venue to be confirmed.</p>		Mary	

